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Across The Gulf



by
Henry S.
Whitehead

"Then he thought his mother replaced the loosened covers and tucked them in about his shoulder."

FOR the first year, or thereabouts, after his Scotch mother's death the successful lawyer Alan Carrington was conscious, among his other feelings, of a kind of vague dread that she might appear as a character in one of his dreams, as, she had often assured him, her mother had come to her. Being the man he was, he resented this feeling as an incongruity. Yet, there was a certain background for the feeling of dread. It had been one of his practical mother's convictions that such an appearance of her long-dead mother always preceded a disaster in the family.

Such aversions as he might possess against the maternal side of his ancestry were all included in his dislike for belief in this kind of thing. When he agreed that "the Scotch are a dour race," he always had reference, at

least mentally, to this superstitious strain, associated with that race from time immemorial, concrete to his experience because of this belief of his mother's, against which he had always fought.

He carried out dutifully, and with a high degree of professional skill, all her various expressed desires, and continued, after her death, to live in their large, comfortable house. Perhaps because his mother never did appear in such dreams as he happened to remember, his dread became less and less poignant. At the end of two years or so, occupied with the thronging interests of a public man in the full power of his early maturity, it had almost ceased to be so much as a memory.

In the spring of his forty-fourth year, Carrington, who had long

worked at high pressure and virtually without vacations, was apprized by certain mental and physical indications which his physician interpreted vigorously, that he must take at least the whole summer off and devote himself to recuperation. Rest, said the doctor, for his overworked mind and under-exercised body, was imperatively indicated.

Carrington was able to set his nearly innumerable interests and affairs in order in something like three weeks by means of highly concentrated efforts to that end. Then, exceedingly nervous, and not a little debilitated physically from this extra strain upon his depleted resources, he had to meet the problem of where he was to go and what he was to do. He was, of course, too deeply set in the rut of his routines to find such a decision easy. Fortunately, this problem was solved for him by a letter which he received unexpectedly from one of his cousins on his mother's side, the Reverend Fergus MacDonald, a gentleman with whom he had had only slight contacts.

Dr. MacDonald was a middle-aged, retired clergyman, whom an imminent decline had removed eight or ten years before from a brilliant, if underpaid, career in his own profession. After a few years sojourn in the Adirondacks he had emerged cured, and with an already growing reputation as a writer of that somewhat inelastic literary product emphasized by certain American magazines which seem to embalm a spinsterish austerity of the literary form under the label of distinction.

Dr. MacDonald had retained a developed pastoral instinct which he could no longer satisfy in the management of a parish. He was, besides, too little robust to risk assuming, at least for some time to come, the wearing burden of teaching. He compromised the matter by establishing a summer camp for boys in his still-

desirable Adirondacks. Being devoid of experience in business matters he associated with himself a certain Thomas Starkey, a young man whom the ravages of the White Plague had snatched away from a sales-management and driven into the quasi-exile of Saranac, where Dr. MacDonald had met him.

This association proved highly successful for the half-dozen years that it had lasted. Then Starkey, after a brave battle for his health, had succumbed, just at a period when his trained business intelligence would have been most helpful to the affairs of the camp.

Dazed at this blow, Dr. MacDonald had desisted from his labors after literary distinction long enough to write to his cousin Carrington, beseeching his legal and financial counsel. When Carrington had read the last of his cousin's finished periods, he decided at once, and dispatched a telegram announcing his immediate setting out for the camp, his intention to remain through the summer, and the promise to assume full charge of the business management. He started for the Adirondacks the next afternoon.

His presence brought immediate order out of confusion. Dr. MacDonald, on the evening of the second day of his cousin's administration of affairs, got down on his knees and returned thanks to his Maker for the undeserved beneficence which had sent this financial angel of light into the midst of his affairs, in this, his hour of dire need! Thereafter the reverend doctor immersed himself more and more deeply in his wonted task of producing the solid literature dear to the hearts of his editors.

But if Carrington's coming had improved matters at the camp, the balance of indebtedness was far from being one-sided. For the first week or so the reaction from his accustomed way of life had caused him to feel, if

anything, even staler and more nerve-racked than before. But that first unpleasantness past, the invigorating air of the balsam-laden pine woods began to show its restorative effects rapidly. He found that he was sleeping like the dead. He could not get enough sleep, it appeared. His appetite increased, and he found that he was putting on needed weight. The business management of a boys' camp, absurdly simple after the complex matters of Big Business with which he had long been occupied, was only a spice to this new existence among the deep shadows and sunny spaces of the Adirondack country. At the end of a month of this, he confidently declared himself a new man. By the first of August, instead of the nervous wreck who had arrived, sharp-visaged and cadaverous, two months before, Carrington presented the appearance of a robust, hard-muscled athlete of thirty, twenty-two pounds heavier and "without a nerve in his body".

ON THE evening of the fourth day of August, healthily weary after a long day's hike, Carrington retired soon after 9 o'clock, and fell immediately into a deep and restful sleep. Toward morning he dreamed of his mother for the first time since her death more than six years before. His dream took the form that he was lying here, in his own bed, awake,—a not altogether uncommon form of dream,—and that he was very chilly in the region of the left shoulder. As is well-known to those skilled in the scientific phenomena of the dream-state, now a very prominent portion of the material used in psychological study, this kind of sensation in a dream virtually always is the result of an actual physical condition, and is reproduced in the dream because of that actual background as a stimulus. Carrington's cold shoulder was toward the left-hand, or outside of the

bed, which stood against the wall of his large, airy room.

In his dream he thought that he reached out his hand to replace the bed clothes, and as he did so his hand was softly, though firmly, taken, and his mother's well-remembered voice said: "Lie still, laddie; I'll tuck you in." Then he thought his mother replaced the loosened covers and tucked them in about his shoulder with her competent touch. He wanted to thank her, and as he could not see her because of the position in which he was lying, he endeavored to open his eyes and turn over, being in that state commonly thought of as between sleep and waking. With some considerable effort he succeeded in forcing open his reluctant eyes; but turning over was a much more difficult matter, it appeared. He had to fight against an overpowering inclination to sink back comfortably into the deep sleep, from which, in his dream, he had awakened to find his shoulder disagreeably uncomfortable. The warmth of the replaced covers was an additional inducement to sleep.

At last, with a determined wrench he overcame his desire to go to sleep again and rolled over to his left side by dint of a strong effort of his will, smiling gratefully and about to express his thanks. But at the instant of accomplishing this victory of the will, he actually awakened, in precisely the position recorded in his mind in the dream-state.

Where he had expected to meet his mother's eyes, he saw nothing, but there remained with him a persistent impression that he had felt the withdrawal of her hand from where, on his shoulder, it had rested caressingly. The grateful warmth of the bed-clothes in that cool morning remained, however, and he observed that they were well tucked in about that shoulder.

His dream had clearly been of the type which George Du Maurier

speaks of in *Peter Ibbetson*. He had "dreamed true," and it required several minutes before he could rid himself of the impression that his mother, moved by some strange whimsicality, had stepped out of his sight, perhaps hidden herself behind the bed! He was actually about to look back of the bed before the utter absurdity of the idea became fully apparent to him. The back of the bed stood close against the wall of the room. His mother had been dead more than six years.

He jumped out of bed at the sound of reveillé, blown by the camp bugler, and this abrupt action dissipated his impressions. Their memory remained, however, very clear-cut in his mind for the next two days. The impression of his mother's nearness in the course of that vivid dream had recalled her to his mind with the greatest clarity. With this revived impression of her, too, there marched, almost of necessity he supposed, in his mind the old idea which he had dreaded,—the idea that she would come to him to warn him of some impending danger.

Curiously enough, as he analyzed his sensations, he found that there remained none of the old resentment connected with this speculation, such as had characterized it during the period immediately after his mother's death. His maturity, the preoccupations of an exceptionally full and active life, and the tenderness which marked all his memories of his mother had served to remove from his mind all traces of that idea. The possibility of a "warning" in his dream of his dear mother only caused him to smile during those days after the dream during which the revived impression of his mother slowly faded thin, but it was the indulgent, slightly melancholy smile of a revived nostalgia, a gentle, faint sense of "homesickness" for her, such as might affect any middle-aged man recently re-

minded of a beloved mother in some rather intense fashion.

ON THE evening of the second day after his dream he was walking toward the camp garage with some visitors, a man and woman, parents of one of the boys at the camp, intending to drive with them to the village to guide them in some minor purchases. Just beside the well-worn trail through the great pine trees, half-way up the hill to the garage, the woman noticed a clump of large, brownish mushrooms, and enquired if they were of an edible variety. Carrington picked one and examined it. To his limited knowledge it seemed to have several of the marks of an edible mushroom. While they were standing beside the place where the mushrooms grew, one of the younger boys passed them.

"Crocker," called Mr. Carrington.

"Yes, Mr. Carrington," replied young Crocker, pausing.

"Crocker, your cabin is the one farthest south, isn't it?"

"Yes, sir."

"Were you going there just now?"

"Yes, Mr. Carrington; can I do anything for you?"

"Well, if it isn't too much trouble, you might take this mushroom over to Professor Benjamin's—you know where his camp is, just the other side of the wire fence beyond your cabin,—and ask him to let us know whether or not this is an edible mushroom. I'm not quite sure myself."

"Certainly," replied the boy, pleased to be allowed "out of bounds" even to the extent of the few rods separating the camp property from that of the gentleman named by Carrington, a university teacher regarded locally as a great expert on mushrooms, fungi, and suchlike things.

Carrington called after the disappearing boy.

"Oh, Crocker!"

"Yes, Mr. Carrington?"

"Throw it away if Dr. Benjamin says it's no good; but if he says it's all right, bring it back, please, and leave it on the mantel-shelf in the big living room. Do you mind?"

"All right, sir," shouted Crocker over his shoulder, and trotted on.

RETURNING from the village an hour later, Carrington found the mushroom on the mantel-shelf in the living room.

He placed it in a large paper bag, left it in the kitchen in a safe place, and, the next morning before breakfast, walked up the trail toward the garage and filled his paper bag with mushrooms.

He liked mushrooms, and so, doubtless, did the people who had noticed these. He decided he would prepare the mushrooms himself. There would be just about enough for three generous portions. Mushrooms were not commonly eaten as a breakfast dish, but,—this was camp!

Exchanging a pleasant "good morning" with the young colored man who served as assistant cook, and who was engaged in getting breakfast ready, and smilingly declining his offer to prepare the mushrooms, he peeled them, warmed a generous lump of fresh, country butter in a large frying pan, and began cooking them.

A delightfully appetizing odor arising from the pan provoked respectful banter from the young cook, amused at the camp-director's efforts along the lines of his own profession, and the two chatted while Carrington turned his mushrooms over and over in the butter with a long fork. When they were done exactly to a turn, and duly peppered and salted, Carrington left them in the pan, which he took off the stove, and set about the preparation of three *canapés* of fried toast. He was going to serve his mushrooms in style, as the grinning young cook slyly remarked. He grinned back, and divided the mush-

rooms into three equal portions, each on its *canapé*, which he asked the under-cook to keep hot in the oven during the brief interval until mess call should bring everybody at camp in to breakfast.

Then with his long fork he speared several small pieces of mushroom which had got broken in the pan. After blowing these cool on the fork, Carrington, grinning like a boy, put them into his mouth and began to eat them.

"Good, suh?" enquired the assistant cook.

"Delicious," mumbled Carrington, enthusiastically, his mouth full of the succulent bits. After he had swallowed his mouthful, he remarked:

"But I must have left a bit of the hide on one of 'em. There's a little trace of bitter."

"Look out for 'em, suh," enjoined the under-cook, suddenly grave. "They're plumb wicked when they ain't jus' right, suh."

"These are all right," returned Carrington, reassuringly. "I had Professor Benjamin look them over."

He sauntered out on the veranda, waiting for the bugle call. From many directions the boys and a few visitors were straggling in toward the mess hall after a morning dip in the lake and cabin inspection. From their room in the guest house the people with whom he had been the evening before came across the broad veranda toward him. He was just turning toward them with a smile of pleasant greeting when the very hand of death fell on him.

Without warning, a sudden terrible griping, accompanied by a deadly coldness, and this immediately followed by a pungent, burning heat, ran through his body. Great beads of sweat sprang out on his forehead. His knees began to give under him. Everything, all this pleasant world about him, of brilliant morning sunshine and deep, sharply-defined shad-

ow, turned greenish and dim. His senses started to slip away from him in the numbness which closed down like a relentless hand, crushing out his consciousness.

With an effort which seemed to wrench his soul and tear him with unimagined pain, he gathered all his waning forces, and, sustained only by a mighty effort of his powerful will, he staggered through the open doorway of the mess hall into the kitchen. He nearly collapsed as he leaned against the nearest table, articulating between fast-paralyzing lips:

“Water,—and mustard! Quick. The mushrooms!”

The head-cook, that moment arrived in the kitchen, happened to be quick-minded. The under-cook, too, had had, of course, some preparation for this possibility.

One of the men seized a bowl just used for beating eggs and with shaking hands poured it half-full of warm water from a heating kettle on the stove. Into this the other emptied nearly half a tin of dry mustard which he stirred about frantically with his floury hand. This, his eyes rolling with terror, he held to Carrington's lips, and Carrington, concentrating afresh all his remaining faculties, forced the nauseous fluid through his blue lips, and swallowed, painfully, great saving gulps of the powerful emetic.

Again and yet again the two negroes renewed the dose.

One of the counselors, on dining room duty, coming into the kitchen sensed something terribly amiss, and ran to support Carrington.

TEN minutes later, vastly nauseated, trembling with weakness, but safe, Carrington, leaning heavily on the young counselor, walked up and down behind the mess hall. His first words, after he could speak coherently, were to order the assistant

cook to burn the contents of the three hot plates in the oven. . . .

He had eaten a large mouthful of one of the most deadly varieties of poisonous mushroom, one containing the swiftly-acting vegetable alkaloids which spell certain death. His few moments' respite, as he reasoned the matter out afterward, had been undoubtedly due to his having cooked the mushrooms in butter, of which he had been lavish. This, thoroughly soaked up by the mushrooms, had, for a brief period, resisted digestion.

Very gradually, as he walked up and down, taking in deep breaths of the sweet, pine-scented air, his strength returned to him. After he had thoroughly walked off the faintness which had followed the violent treatment to which he had subjected himself, he went up to his room, and, still terribly shaken by his experience and narrow escape from death, went to bed to rest.

Crocker, it appeared, had duly carried out his instructions. Dr. Benjamin had looked at the specimen and told the boy that there were several varieties of this mushroom, not easily to be distinguished from one another, of which some were wholesome, and one contained a deadly alkaloid. Being otherwise occupied at the time, he would have to defer his opinion until he had had an opportunity for a more thorough examination. He had handed back the mushroom submitted to him and the lad had given it to a counselor, who had put it on the mantel-shelf intending to report to Mr. Carrington the following morning.

Weak still, and very drowsy, Carrington lay on his bed and silently thanked the Powers above for having preserved his life.

Abruptly he thought of his mother. The warning!

At once it was as though she stood in the room beside his bed; as though

their long, close companionship had not been interrupted by death.

A wave of affectionate gratitude suffused him. Under its influence he rose, wearily, and sank to his knees beside the bed, his head on his arms, in the very spot where his mother had seemed to stand in his dream.

Tears welled into his eyes, and fell, unnoticed, as he communed silently with her who had brought him into the world, whose watchful love and care not even death could interrupt or vitiate.

Silently, fervently, he spoke across the gulf to his mother. . . .

He choked with silent sobs as understanding of her invincible love came to him and overwhelmed him. Then, to the accompaniment of a tremulous calmness which seemed to fall upon him abruptly, he had the sense of her, standing close beside him, as she had stood in his dream.

He dared not raise his eyes, because now he knew that he was awake. It seemed to him as though she spoke, though there came to him no sensation of anything that could be compared to sound.

"Ye must be getting back into your bed, laddie."

And keeping his eyes tightly shut, lest he disturb this visitation, he awkwardly fumbled his way back into bed. He settled himself on his back, and an overpowering drowsiness, perhaps begotten of his recent shock and its attendant bodily weakness, ran through him like a benediction and a refreshing wind.

As he drifted down over the threshold of consciousness into the deep and prolonged sleep of physical exhaustion which completely restored him, his last remembrance was of the lingering caress of his mother's firm hand resting on his shoulder.